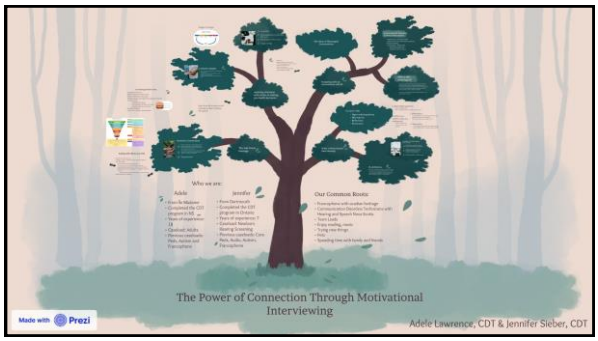
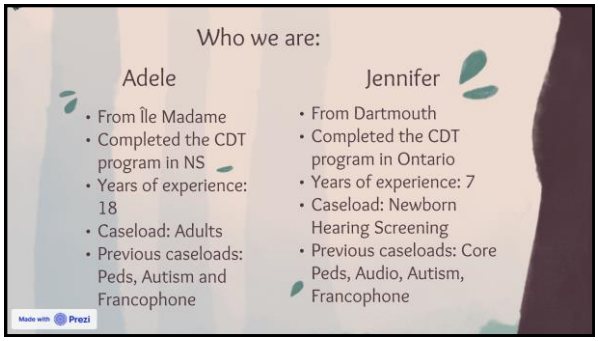

The Power of Connection Through Motivational Interviewing
Adele Lawrence, CDT & Jennifer Sieber, CDT
Made with Prezi

1


Who we are:
Adele
• From Île Madame
• Completed the CDT program in NS
• Years of experience: 18
• Caseload: Adults
• Previous caseloads: Peds, Autism and Francophone
Jennifer
• From Dartmouth
• Completed the CDT program in Ontario
• Years of experience: 7
• Caseload: Newborn Hearing Screening
• Previous caseloads: Core Peds, Audio, Autism, Francophone
Made with Prezi

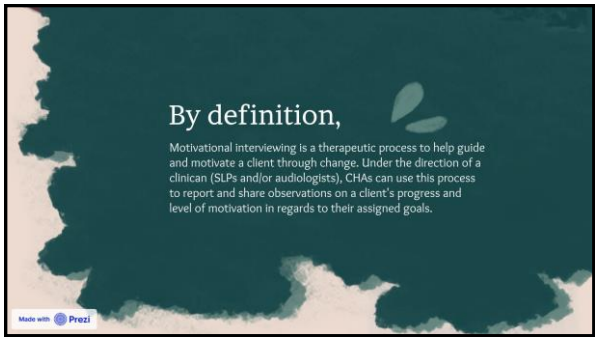
2

Our Common Roots:
• Francophone with acadian heritage
• Communication Disorders Technicians with Hearing and Speech Nova Scotia
• Team Leads
• Enjoy reading, music
• Trying new things
• Pets
• Spending time with family and friends
Made with Prezi

3

What is Motivational Interviewing?
Made with Prezi

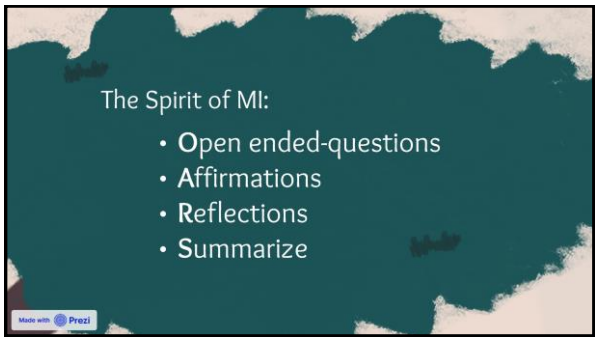
4


By definition,
Motivational interviewing is a therapeutic process to help guide and motivate a client through change. Under the direction of a clinican (SLPs and/or audiologists), CHAs can use this process to report and share observations on a client's progress and level of motivation in regards to their assigned goals.
Made with Prezi

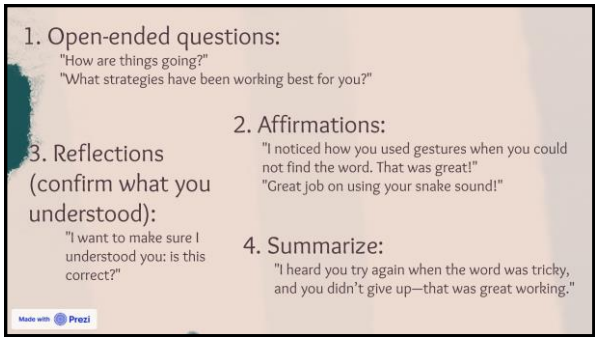
5

Foundations of MI through the lense of a CHA
Establish open communication with the client's care team and caregiver(s)
Building rapport with the client and caregiver(s)
Working together to achieve goals
Made with Prezi

6


The Spirit of MI:
• Open ended-questions
• Affirmations
• Reflections
• Summarize
Made with Prezi

7


1. Open-ended questions:
"How are things going?"
"What strategies have been working best for you?"
2. Affirmations:
"I noticed how you used gestures when you could not find the word. That was great!"
"Great job on using your snake sound!"
3. Reflections (confirm what you understood):
"I want to make sure I understood you: is this correct?"
4. Summarize:
"I heard you try again when the word was tricky, and you didn't give up—that was great working."
Made with Prezi

8

Navigating difficult conversations with MI
Made with Prezi

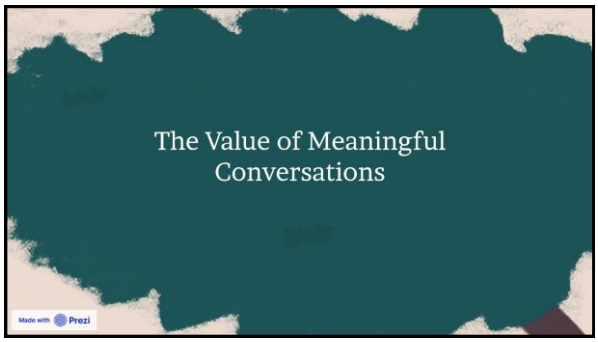
9

Why is this meaningful?
Difficult conversations hold space to create trust and build rapport with our clients. By using open-ended questions, it provides us an opportunity to share important information with the clinician (i.e. sharing observations and communications, creating change in goals, or adding new goals).
This in turn, can empower the client to take meaningful small steps towards their goals.
Made with Prezi

10

Why is using MI important in these conversations?
• Opportunity to ask open-ended questions for more information (answers)
• Rapport building
• Counselling vs. MI for CHAs
• Information gathering
• Comfort level of clinician
Made with Prezi

11


The Value of Meaningful Conversations
Made with Prezi

12

- Builds trust
- Supports autonomy and dignity
- Increases engagement and motivation
- Reduces frustrations and miscommunications
- Promotes deeper understanding
- Creates space for change

Made with Prezi

13

Assisting clinicians with clients in making pro-health decisions

Made with Prezi

14

- Using OARS
- Encouraging clients to scale where they are at
- Reporting back to the clinician
- Stages of change

Made with Prezi

15

Stages of change:

16

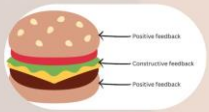
17

How to use MI in practice and motivate a client to achieve their goals?

18

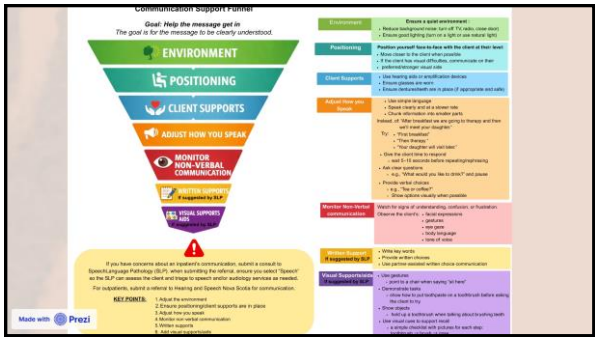
Connecting with the Client

- Using active listening
- What is important to the client?
- What are the client's interests?
- Making therapy meaningful and supportive for them in their routines
  - Getting their buy-in
  - Connecting with their care team
  - Setting them up for success
- Providing feedback
- This is not a cookie-cutter approach



Made with Prezi

19



Made with Prezi

20

Scaling with clients as a CHA

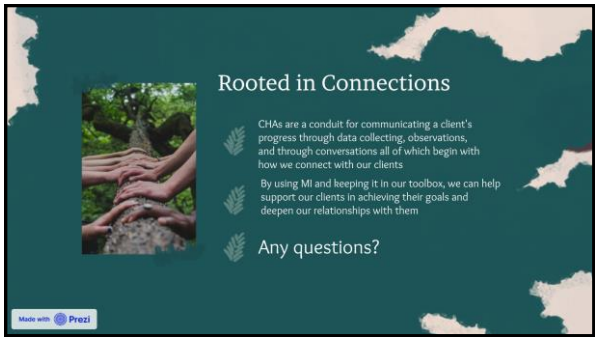
- Consult with the clinician
- Scaling is a way to check in to see where the client is with their goals
  - How do they think they are doing?
  - How does the caregiver feel they are doing?
  - Superstep/Substep based on their communication
  - Breakdowns in communication can happen- what do we do?
    - Building awareness of successes is important too
- Report back to the clinician

Made with Prezi

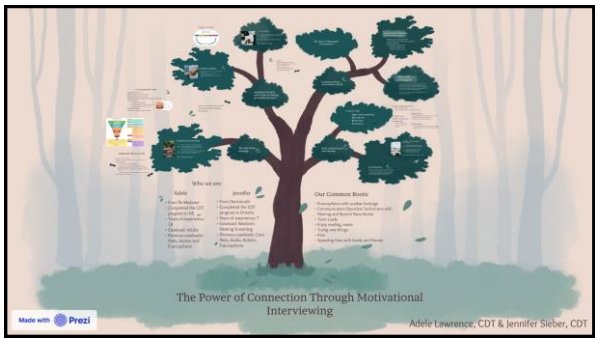
21

The take home message
Made with Prezi

22


Rooted in Connections
CHAs are a conduit for communicating a client's progress through data collecting, observations, and through conversations all of which begin with how we connect with our clients
By using MI and keeping it in our toolbox, we can help support our clients in achieving their goals and deepen our relationships with them
Any questions?
Made with Prezi

23


The Power of Connection Through Motivational Interviewing
Adele Lawrence, CDT & Jennifer Sieber, CDT
Made with Prezi

24