

Rationale:

Evidence supports that parents can effectively implement intervention strategies, leading to greater progress in therapy. The **Parent Involvement in Intervention Clinician Workshop** was developed in 2018 for pediatric rehabilitation clinicians (S-LPs, OTs, PTs, SWs, Educators, and Psycho-educators) working with children of up to 7 years of age who present a variety of motor, language, hearing and-or visual difficulties, at Montreal's Lethbridge-Layton-Mackay Rehabilitation Centre.

Objective:

To measure the impact of participation in the clinician workshop (to reflect on current parental involvement and learn guiding principles and strategies to increase parent participation) on subsequent parent involvement in intervention.

Workshop Content:

- This two-hour interactive workshop includes:
- A review of relevant research
 - Presentation and discussion of guiding principles and strategies (see graph on right) to successfully integrate parents into intervention sessions
 - Discussion of clinical cases from participants' current caseloads
 - An individual concrete plan for increasing parent participation with one family

Methodology:

In June 2021, two months following the April 2021 workshop, 23 (68%) of the participants completed a 10-question survey measuring the impact of the workshop on their subsequent clinical interventions.

Specific Findings:

As can be seen in the chart below, positive changes were reported on the seven survey measures addressing each of the guiding principles, with **83 to 100%** of respondents reporting **improvements in each of the 7 guiding principles of parental involvement targeted in the workshop.**

General Findings:

Impact on How Clinicians Incorporate Parents in Sessions: 100% of clinicians reported that the workshop positively affected how they incorporated parents in their clients' sessions ('significant impact' 18%, 'some impact' 65%, 'mild impact' 17%).

Impact on Parental Involvement: 91% reported increased parent implication in their sessions.

Parent Comments on Their Increased Involvement: 61% of clinicians reported that parents had made positive comments regarding their increased participation in their child's intervention sessions.

Conclusion and Implications:

This clinician workshop was effective in helping clinicians to increase parent participation in intervention sessions.

It provided a structured opportunity to reflect on clinical practice, facilitating implementation of strategies by discussing actual clients and the creation of specific plans to increase parental involvement in sessions, to maximize positive client outcomes.

This type of workshop should continue to be available to clinicians on a regular basis in order to provide a forum for reflection and discussion, to increase parents' involvement in their children's intervention sessions, so that treatment is increasingly a shared endeavor between clinicians and families.

SURVEY RESULTS: IMPACT ON CLINICAL PRACTICE
 PARENT INVOLVEMENT IN INTERVENTION CLINICIAN WORKSHOP

