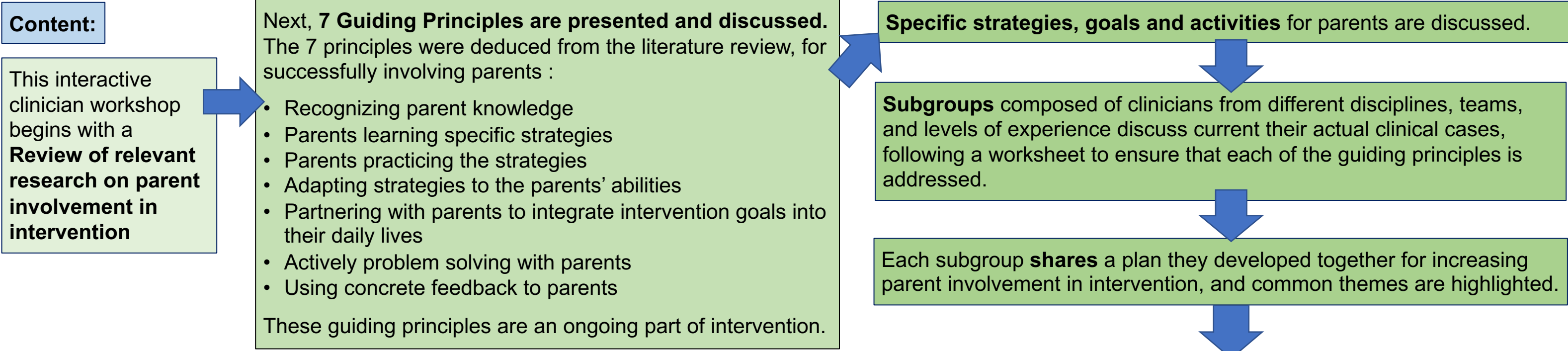


**Rationale:** Increasing Parent Involvement is an important component in pediatric intervention and helps to ensure that clients achieve a maximal rate of progress.

The Parent Involvement in Intervention Clinician Workshop was developed by an experienced S-LP at Montreal's Lethbridge-Layton-Mackay Rehabilitation Centre for pediatric rehabilitation clinicians to increase parent participation in therapy. S-LPs, Audiologists, OTs, PTs, SWs, Educators, Psycho-educators and other professionals from different programs and with varying levels of experience are brought together to share their ideas and knowledge.

**Objective:** For clinicians to reflect on current parental involvement in intervention and learn guiding principles and strategies to increase parent participation in therapy sessions.



*Some case examples:*

How do I involve a parent who shows good comprehension of discussed strategies but cannot apply them in session?

*When I try to give the parent a turn, they quiz the child about everything under the sun, not focusing on our objective at all. The child quickly shuts down and refuses to participate.*

A parent of a young client prefers to observe from a chair on the side of the room, making it difficult to involve the parent.

**Individual work** follows the discussions: participants reflect on parent involvement in their sessions, using a continuum tool:

**How would you generally describe parent involvement in your intervention sessions:**

Parent not present    Parent observes    Parent given homework    Parent participates in one activity    Parent participates in all activities    Parents leads some activities    Parent leads all activities

To support putting theory into practice, **clinicians make a concrete plan for increasing parental participation with one family:**

- Formulate one specific parent objective addressing one therapy goal for carry over at home, worded from the parent's perspective
- List strategies to recognize parent knowledge, help the parent learn, practice and integrate the objective into their daily lives
- Choose a timeline and an outcome measure

This clinician workshop has been held yearly at LLMRC since 2018 for clinicians working with outpatients with motor, language, auditory or visual deficits. In November 2021, it was successfully adapted for clinicians working in a specialized school environment, to include addressing establishing contact and building therapeutic relationships with parents of children receiving services in that setting.